

FIT CARD

MARRIAGE

DATE NIGHT

Re-Engage

Best Use

A date night discussion guide

Nutritional Value

Husbands and wives will discuss how to fight together for a strong marriage.

Advance Preparation

Schedule a dinner or coffee date

During the Date

Discuss any or all of the items on the reverse side.

Discuss

- If you could have lived in another time period and watched or joined in one epic battle, what would it be?
- Ephesians 6:12 says that “our struggle is *not* against flesh and blood,” but against unseen spiritual forces of evil. So in truth you *are* in an epic battle. In what ways does Satan attack your marriage?
- As a fun reminder, look at your spouse and say, “You are my partner, not my enemy!”
- Since you are on the same team, discuss together which of the following is most likely to create “division in the ranks” in your marriage. Why?
 - o Disagreement over how to discipline (name of child)
 - o Who apologizes first after an argument
 - o When and how we enjoy physical intimacy
 - o How to spend or save our money
 - o OTHER: _____

Reflection Questions

- Before battle in the movie *Gladiator*, the general reminds his men: “What we do in life echoes in eternity.” How can you apply this to the fight for your marriage?
- What are two issues you most need to fight for as a couple right now. . .
 - Date nights Prayer together Family devotions*
 - Church involvement Bible reading*
 - Forgiveness Healthy Intimacy Communication*
- Hold hands and pray for each other about these things.
- Identify one thing you can cut from your schedule in order to use the time to nurture your marriage and family relationships:



Family Life

www.fbc-midland.org