

FIT CARD

MARRIAGE

DATE NIGHT

Discovering Each Other's Strengths

Best Use

A tool to guide a series of date night discussions at a cost of about \$40

Nutritional Value

Helps husbands and wives use their God-given strengths to build a God-honoring home

Advance Preparation

- Schedule two or three coffee dates
- Each spouse should listen to the 25 minute “Strengths@Home” audio presentation featuring Dr. John Trent and Rodney Cox (Download available from the HomePointe podcast at iTunes). Each spouse should spend about 20 minutes completing a *Marriage Insights Profile* available at www.MinistryInsights.com Click the “Marriages” section to download and print a free *Marriage Insights Workbook* and find the two-pack offer. (Be sure to enter HomePointe” in the coupon field during check-out for a discount.)

During The Date

Use your completed profile and workbook to guide discovery and discussion.

How Have You Been Doing?

Before discussing your *Marriage Insights Profiles* honestly grade how intentional you have been over the past 120 days.

LEVERAGING MY OWN UNIQUE STRENGTHS AT HOME:

A	B	C	D	F
<i>Always</i>	<i>Often</i>	<i>Sometimes</i>	<i>Rarely</i>	<i>Never</i>

AFFIRMING THE STRENGTHS GOD HAS GIVEN MY SPOUSE:

A	B	C	D	F
<i>Always</i>	<i>Often</i>	<i>Sometimes</i>	<i>Rarely</i>	<i>Never</i>

VIEWING DIFFERENCES AS A GIFT VS. AN ANNOYANCE:

A	B	C	D	F
<i>Always</i>	<i>Often</i>	<i>Sometimes</i>	<i>Rarely</i>	<i>Never</i>

COMBINING STRENGTHS TO BUILD A GREAT MARRIAGE:

A	B	C	D	F
<i>Always</i>	<i>Often</i>	<i>Sometimes</i>	<i>Rarely</i>	<i>Never</i>

USING OUR STRENGTHS TO CREATE A FAITH-FILLED HOME:

A	B	C	D	F
<i>Always</i>	<i>Often</i>	<i>Sometimes</i>	<i>Rarely</i>	<i>Never</i>

PRAYER

Hold hands to read Ephesians 5:29-33 aloud and pray these words...

Dear God:

We thank you for the unique gifts you've given us as a team. Help us to use those gifts to build a God-honoring marriage and family together. Amen.



www.fbc-midland.org