

FIT CARD

YOUNG CHILDREN

Blinded By Sin

Best Use

As a Family Night activity with children ages three through twelve

Nutritional Value

Explains that we all have a “disease” called sin

Advance Preparation

Have the following supplies ready for Family Night.

- “Obstacle course” items such as toys, stuffed animals, shoes, balloons, plastic cups or blocks
- A bell or whistle
- A blindfold
- A Bible

Serve It Up

Follow these steps to serve up a great experience:

1. Create a walking-path obstacle course somewhere in the house or yard using toys, shoes, pillows, balloons or anything you wish for the kids to maneuver around.
2. Add several obstacles that will break apart and make noise when hit – such as a tower of plastic cups, dominos, etc.
3. Have a contest to see who can walk through the obstacle course the fastest without touching any of the items on the path.
4. Ring the bell or blow the whistle before shouting the word “Sin!” if someone touches an object.
5. Next, take turns trying the same course while blindfolded. Again, ring the bell or blow the whistle before shouting “Sin!” If the child knocks over the stacked obstacles, ring or blow and then shout “Really bad sin!” to emphasize that some of our sins cause more mess than others.
6. Let the kids have fun watching dad or mom really make a mess of things as they try the obstacle course.
7. Read Romans 3:23, Romans 5:12 and 5:19 aloud together describing the “disease” of sin that causes everyone to behave in sinful ways. Explain that the disease of sin (represented by the blindfold) makes it impossible for us to avoid sinful acts (represented by touching the items).
8. Pray together, thanking God that Jesus died on the cross to pay the penalty for our sins.
9. Memorize together: “For all have sinned!”

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